

RUNNING ORDER (all timings approximate)

13:00 – 13:10 Introduction & Journal Scanning Recommendations

13:10 – 13:45 Implementation Science and Behavioural Economics

13:45 – 14:00 Break

14:00 – 14:50 Behaviour Change Frameworks and Applications

14:50 – 15:10 Exercise on Behaviour Change Intervention

15:10 – 15:25 Discussion

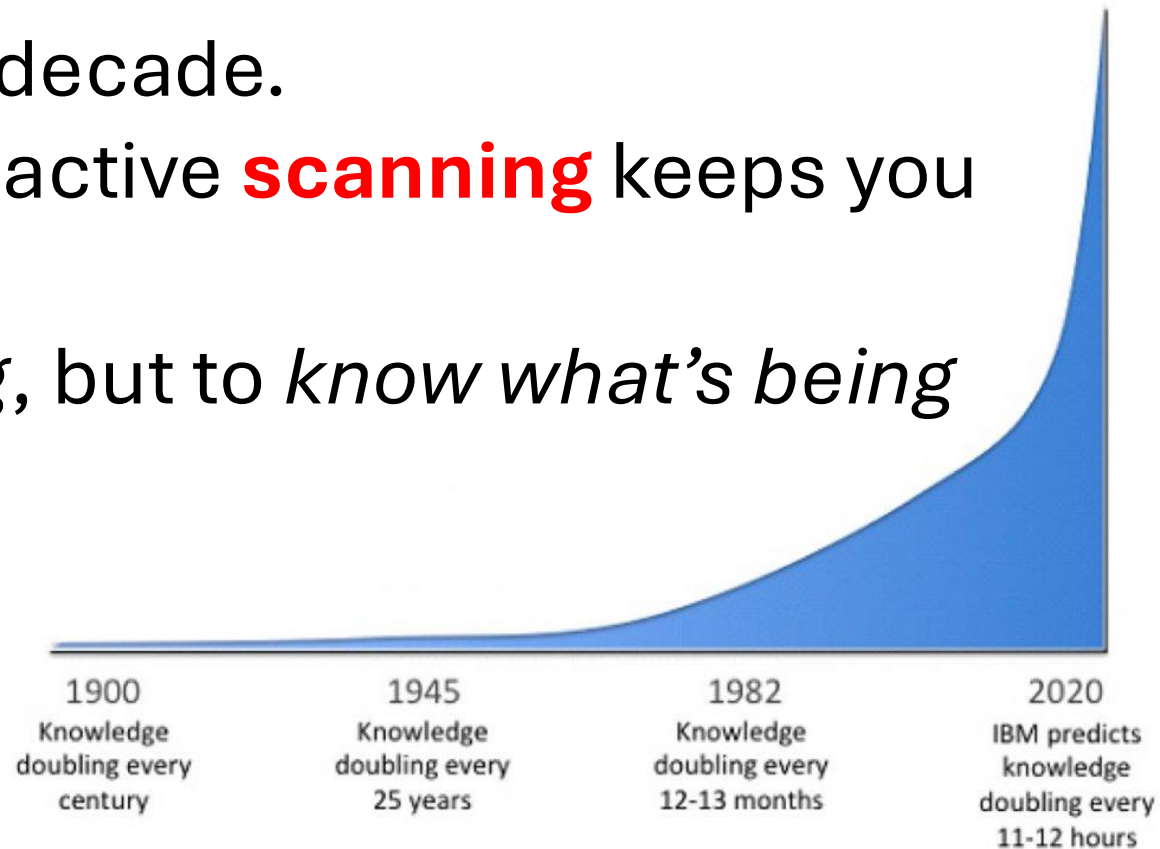
15:30 – Wrap-up

The Good Habit of Staying Current

Message: The Literature moves fast — awareness is a discipline

- Research doubles roughly every decade.
- Passive reading is not enough — active **scanning** keeps you professionally fluent.
- The goal is **not** to read *everything*, but to *know what's being said* in your domain.

"detect relevance fast"



Use technology to...

Build an information gathering system that brings the relevant literature to you

Use curated feeds - Principally PubMed alerts.

Maintain a reading log – your own takeaways within your reference manager.

Follow specific journals – if they are reflecting key interests.



NCBI Tutorial

Save searches
& create alerts

Weekly Journal Scanning via PubMed email

(informatics[All Fields])

AND English[Language]

AND (

"Journal of the American Medical Informatics Association : JAMA" [Journal] OR

"Implementation Science : IS" [Journal] OR

"Medical Image Analysis" [Journal] OR

"International Journal of Medical Informatics" [Journal] OR

"BMC Medical Research Methodology" [Journal] OR

"Journal of Biomedical Informatics" [Journal] OR

"Journal of Telemedicine and Telecare" [Journal] OR

"Journal of Clinical Bioinformatics" [Journal]

)

Don't read, *synthesise*

Academic reading should not stop at absorbing or summarising other people's work. Instead, you *connect, compare, and interpret* what you read to build a coherent understanding of a field. The act of synthesis involves asking:
How do these studies relate to one another? What patterns or contradictions emerge? What does this mean for my own research question?

